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Dear Parents / Carers

Re: Young Carers Support at Lemington Riverside Primary

"A young carer can be any child or young person up to the age of 18 who takes responsibility for looking after someone else - usually a parent or sibling, but it could be a grandparent or another relative. Young carers look after someone else because that person may have: a disability; mental ill health; long-term illness; a life-limiting illness; difficulties with alcohol or other substances; a learning disability. In most cases the person would struggle to cope without the support of the child or young person". (Newcastle Young Carers Service)

Here at Lemington Riverside we are supporting our Young Carers in the following ways:

- Daily drop-in for children (children can access it any time they feel they want to chat, talk about a worry or if they just want some quiet time)
- Half-Termly drop-in for parents of young carers (see attached for dates)
- Weekly homework club for those children who are not able to complete their homework at home
- Awareness-raising workshops for children and parents during 2017 - we are awaiting dates for the 2018 workshops.
- Share-A-Thought / Worry Box in all classrooms which allows all children access to confidential support
- Emotional support for the child where appropriate
- Referral to the Newcastle Young Carers Service (Barnardos) who offer support to the family where required. This could be help to attend meetings or appointments, emotional support, help to make sure you are receiving the right benefits, help for your child to access clubs outside of school and lots more.
- Referral to our School Nurse for a health assessment
- Working with other agencies to offer support, where needed.
- A dedicated team of fully-trained staff who our children and families can turn to for support both in and out of school

Please take a few minutes to have a look at our website for further information. If you feel that your child could be a young carer and you would like support for them then please contact one of us at school to discuss further.

Kind Regards

Miss P Stones Mrs S Buxton Miss V Jeffcock Mrs S Hinshaw
Young Carers Support Team – Lemington Riverside Primary School