Lemington Riverside Primary School

Personal, Social and Emotional Development Progress Model for Knowledge and Skills

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|  | Minimum Expectations for Nursery | Minimum expectations for Reception | Links to KS1 curriculum |
| Self-regulation  | Calm themselves when they are upset. | Able to make a decision independently. | Works towards simple goals. | Responds appropriately to an activity. | Understands their own feelings and regulates behaviour accordingly. | To develop an understanding of their mental health and well-being. |
| Manging self  | Talks about how they are feeling. | Becomes independent. | Confident to try new activities. | Explains the reasons for rules. | Manges own basic hygiene and personal needs – dresses self, toilets independently and understands the importance of healthy food choices. | Knows how to stay safe and manage risks. |
| Building relationships | Notices and ask questions about the differences with their friends. | Develops friendships with other children. | Works and plays cooperatively and take turns with others. | Forms positive attachments to adults and friendships with peers. | Show sensitivity to their own and to others’ needs. | Learns about identify, society and equality. |