

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.”



Curriculum Lead: Mr Carter

Intent:

At Lemington Riverside Primary School, we recognise the value of Physical Education and therefore aim to provide a curriculum that promotes health, fitness, and wellbeing in a safe and motivating environment. To do this, we focus on the development of knowledge, skills, and vocabulary through a broad range of sporting activities and skills based on the National Curriculum and Early Years Outcomes. The P.E. Curriculum at Lemington Riverside: Ignites passion through a range of skill-based activities and sporting opportunities provided and supports the well-being of all children in our school. Embraces difference regardless of children's background, needs or ability due to an inclusive curriculum and safe environment. It unlocks limitless potential as children become inspired to engage in physical activity and sport within Lemington Riverside Primary School, and outside of school in our local community.

Implement:

We provide a broad and balanced curriculum of Handball, Netball, Basketball, Gymnastics, Dance, Dodgeball, Hockey, Football, Tennis, Athletics, Cricket, and Swimming, with a particular focus on the Fundamental skills and how to develop these skills throughout their time at Lemington Riverside Primary School. The long-term plan has been carefully planned to ensure that children are accessing a broad and balanced curriculum that is progressive and skills based. The long-term plan highlights the units that are to be taught throughout the year to ensure that the Early Years outcomes and National Curriculum requirements are met as well as a clear vision of the progression of skills. Children in Key Stages 1 and 2 participate in one P.E. session per week and are also encouraged to take part in school clubs as well as sporting competitions throughout the school year. Early Years aged children participate in one P.E. lesson a week and have access to outdoor learning daily.

Early Years:

Beginning to look at the ABC Fundamental skills (Agility, Balance, and Coordination), Gross Motor Skills Children at the expected level of development will: negotiate space and obstacles safely, with consideration for themselves and others; demonstrate strength, balance and coordination when playing; move energetically, such as running, jumping, dancing, and hopping.